



safety & lifting

FOR SAFE
WORKING LIVES

1

SUN PROTECTION & HYDRATION



CATALOGUE VOL2





SUN PROTECTION & HYDRATION

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PREVENTION IS ALWAYS BETTER THAN CURE
WHEN IT COMES TO THE EFFECT AND DAMAGE
FROM SUN EXPOSURE

Our range of Cancer Council sunscreens and Frontier water coolers will protect against harmful UV rays and heat of the sun.

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SUN PROTECTION & HYDRATION

STAYING UNDER SHADE OR INDOORS IS THE BODY'S BEST DEFENCE AGAINST THE EFFECTS OF THE SUN, HOWEVER WHEN YOUR WORK REQUIRES YOU TO BE OUTDOORS IN THE SUN, THERE IS NOTHING BETTER TO PROTECT YOU THAN OUR RANGE OF CANCER COUNCIL SUNSCREENS.

SKIN CANCER THE STATISTICS

Skin cancer occurs when skin cells are damaged, for example, by overexposure to ultraviolet (UV) radiation from the sun.

THERE ARE THREE MAIN TYPES OF SKIN CANCER:

- 1 Basal Cell Carcinoma
- 2 Squamous Cell Carcinoma
- 3 Melanoma - the most dangerous form of skin cancer

Both basal cell carcinoma and squamous cell carcinoma are known as non-melanoma skin cancer. Approximately, two in three Australians will be diagnosed with skin cancer by the time they are 70, with more than 750,000 people treated for one or more non-melanoma skin cancers in Australia each year. Non-melanoma skin cancer is more common in men, with almost double the incidence compared to women. Excluding non-melanoma skin cancer, melanoma is the third most common cancer in Australians. (Cancer Council, 2017)

THE IMPORTANCE OF SUNSCREEN

Sunscreen protects your skin from the sun's ultraviolet or UV rays. The predominant reason for its use is the reduction of skin cancer risk which, as stated above, has a high incidence in Australia.

Two types of UV rays, known as UVA and UVB, trigger harmful changes in your skin. According to the most credible scientific sources, UVA rays account for up to 95 percent of the ultraviolet radiation that reaches the earth's surface.

SOME OTHER BENEFITS OF SUNSCREEN ARE:

- Prevents premature aging
- Prevents tanning
- Lowers blotchiness on face
- Enhances health of the skin
- Prevents sunburns
- A good cosmetic option

The Cancer Council is the leading independent funding body for cancer research in Australia. The Cancer Council sunscreen offer includes broad-spectrum sunscreens in a range of innovative formulations and packaging to suit the working environment.



BENEFITS OF BUYING THE TRUSTED CANCER COUNCIL PRODUCT RANGE

MARKET LEADING PRODUCT	Very high protection SPF50+ UVA/UVB Broad Spectrum 4 hours water and sweat resistant 3 year shelf life NO nano particles
SOCIAL RESPONSIBILITY	Proceeds help fund cancer research, patient support and education. "Every tube helps"
ENVIRONMENTALLY SENSITIVE	• Recyclable packaging • Low impact formulation
OHS COMPLIANT	• Approved by the Safety Institute of Australia • Easy to use and dispense • Rapid touch dry formulation • Dust and dirt won't stick • Non-slip grip
PRICE COMPETITIVE AND AFFORDABLE	Corporate and Non Retail rates available
MULTITASK AND SURFACE COMPATIBILITY	No impact on industrial coated surfaces
LOCAL SOURCING	Australian Made and Owned

EXTRA PROTECTION FOR THE HEAD AND NECK

The Snap Brim is an easy attached rigid sunshade for hard hats. It provides superior sun protection with a minimum of effort for anyone working outdoors. The Snap Brim's sturdy construction shelters the wearer from the elements and shields from harmful UV rays, helping to minimise the risk of skin cancer and its effects.

For more information on our Snap Brims >> see page 14.



STAYING HYDRATED

Working in the harsh Australian heat increases the risk of dehydration and heat stress for Australian workers. Most at risk are those working outdoors performing physically intensive labour and indoor workers who are exposed to high temperatures with poor ventilation. If you work in the heat, ensure you follow these tips to minimise your risk of heat illness and dehydration to stay safe and healthy.

1 DON'T WAIT UNTIL YOU ARE THIRSTY

Don't wait until you are thirsty to drink. If you are thirsty you are already dehydrated. Instead drink small amounts frequently at regular intervals. 250mls every 15-20 minutes is the recommendation for working in the heat.

2 CARRY A DRINK BOTTLE OR COOLER

KEEP IT IN A COOL PLACE

You are more inclined to drink when fluid is readily available. Keep your cooler with you and ensure it is well insulated like the Frontier JugRnaut, with an easy pour/refill spout and lid.

3 PRE-HYDRATE

Recent workplace studies have shown that many Australian workers show up to work already 2% dehydrated. Drink plenty of fluids in the hours before your shift so that you are not starting your work day with a fluid deficit.

4 MONITOR YOUR BODY FLUIDS

Monitor how much you are sweating and going to the toilet and ensure you are replacing these fluids.

EFFECTS OF ELECTROLYTE IMBALANCE

When dehydrated our bodies need more than water alone. We need to replace all the essential nutrients we lose through sweat. These nutrients are known as electrolytes. Blood pressure, fluid balance and muscle contractions are some of the key functions that electrolytes help regulate in our bodies. Having an adequate supply of electrolytes, such as Sqwincher® is an important factor to consider when developing a hydration program.

If electrolytes lost through perspiration are not replaced, effects of electrolyte imbalance may occur.

- When perspiring, if a person's sodium levels drop too low, they may experience muscle weakness, cramping and dizziness
- Similarly if a person's potassium levels drop too low, confusion, muscle weakness and paralysis may occur
- If sodium is not replaced, and blood concentrations of sodium fall below a critical maximum - hyponatremia may set in. Without treatment, hyponatremia may lead to swelling of the brain, seizure and death

Sqwincher® is Australia's leading electrolyte-enhanced beverage used for industrial applications.

WHY SQWINCHER® IS THE BEST CHOICE FOR ELECTROLYTE NEEDS

1 Trusted Brand in Hydration for 45 Years

Sqwincher® has a 45-year history and has been available in Australia and New Zealand since 1999. In that time Sqwincher has gained a reputation as a trusted and reliable brand for anyone who needs to stay hydrated and replenish their electrolytes. It really is hydration that works.

2 Low Sodium Content

The Heart Foundation recommends that no adult consumes over 2000mg of sodium per day. Many electrolyte drinks on the market are high in sodium. Sqwincher®, on the other hand, has a superior balance of sodium and electrolytes. To put this into perspective, a single Sqwincher® Qwik Stik only contains 138mg of sodium per 600ml.

3 Highest Quality & Low Cost Per Serve

Sqwincher® has a BRC Global Food Safety Certification and despite its high quality and superior taste, Sqwincher® is also affordable and cost-effective. In fact, it has one of the lowest costs per serve among leading electrolyte brands, making it a smart choice for people who need to replenish their electrolytes regularly.

4 Regular & Sugar-Free Options

Sqwincher® offers both regular and zero-sugar options, allowing people to choose the option that best suits their dietary preferences and needs. Sugar does assist the body in the uptake of electrolytes, but the sugar-free option is also a great choice for those who are watching their calorie and sugar intake.

5 Superior Taste & Palatability

In a blind taste test conducted against leading electrolyte brands, Sqwincher® came out on top in terms of preferred taste. This is important because when you're engaging in strenuous activities, you need an electrolyte drink that not only hydrates, but also tastes good enough to encourage you to keep drinking.

6 Wide Range of Delivery Formats

Sqwincher® is available in a wide range of delivery formats, including concentrates (Sqwincher® Concentrate / Sqwincher® Fast Packs) Qwik Stik powder packs and Sqweeze freezer pops.

In a study comparing 22 different electrolyte brands, Sqwincher® scored the highest on the number of delivery formats available, making it easy for people to find a format that suits their individual preferences.

7 Concentrate Made in Australia

Sqwincher® Concentrate is made in Australia, ensuring high quality and adherence to Australian manufacturing standards.









50+ ULTRA LIP BALM SUNSCREEN

FEATURES AND BENEFITS

- Those looking for a very high SPF50+ protection everyday
- Improved "better feeling formula" now with mineral silica
- Tested for 4 hours water resistance
- Our best selling formulation

CODE	SIZE	PACK QTY	CTN QTY
S-004-UL-50P	4 gm	24	96
SS-110-UL-50P	110 ml	4	24
SS-250-UL-50P	250 ml	4	24



50+ WORK PUMP PACK SUNSCREEN

FEATURES AND BENEFITS

- Dry touch formula: safe non-slip grip on tools, equipment and safety devices
- Oil and fragrance free
- Dry touch so dirt and dust won't stick
- Zinc oxide and titanium dioxide free to not react with coated metal
- Helps employers meet OH&S responsibilities

CODE	SIZE	PACK QTY	CTN QTY
SS-500-WK-50P	500 ml	4	12
SS-001-WK-50P	1 litre	1	6



50+ ACTIVE EZI CLIP SUNSCREEN

FEATURES AND BENEFITS

- Dual purpose sunscreen
- Effectively repels flies and mosquitoes
- Ideal for working outdoors, camping, hiking and other outdoor activities
- Repel SPF30+ is tested to meet SPF and repellent standards

CODE	SIZE	PACK QTY	CTN QTY
SS-050-IR-EC	50 ml	8	40
SS-110-IR-TU	110 ml	6	24

HARD HAT PROTECTION BRIMS



SNAP BRIM

FEATURES AND BENEFITS

- To suit a wide range of hard hats
- Provides added protection from the dangers of the sun
- Range of colour combinations
- Sturdy, high quality brims with fabric edging
- Removable neck flap, attaches with velcro strip
- Easy to fit and remove

CODE	DESCRIPTION	COLOUR	PACK QTY	CTN QTY
FRSNAPBRMOO1000	Snap Brim Orange compatible with MSA Advantage	Orange	1	20
FRSNAPBRMOO1002	Snap Brim Orange compatible Protector HC600/HC600V	Orange	1	20
FRSNAPBRMOO1003	Snap Brim Orange compatible with Frontier Hard Hat	Orange	1	20



HARD HAT BRIM WITH SHADE

FEATURES AND BENEFITS

- 100% polyester fabric
- Universal design - elastic inner rim to fit most hard hats
- Hook & loop straps for hard hat connection
- Longer length to block UV rays

CODE	DESCRIPTION	COLOUR	CTN QTY
ER12640	Hard Hat Brim and Neck Shade	Lime	50
12641-00	Hard Hat Brim and Neck Shade	Orange	50
ER1264300BL0000	Hard Hat Brim and Neck Shade	Blue	50



HYDRATION & ACCESSORIES



HANDY
2.5 LITRE
SIZE

2.5 LITRE MINI JUGRNAUT COOLER

FEATURES AND BENEFITS

- Fully insulated body for optimal temperature retention
- Easy pour/refill spout on lid
- Large comfort carry handle with finger grip

CODE	COLOUR	PACK QTY	CTN QTY
FRMINIJUGBL2500	Blue	Each	12



5 LITRE JUGRNAUT COOLER

FEATURES AND BENEFITS

- Retractable push tap for better hygiene and avoids tap breakage
- Easy pour/refill spout on lid
- Fully insulated body for optimal temperature retention
- Stable wide bottom base resists tipping
- Large comfort carry handle
- Removable drinking cup with handle

CODE	COLOUR	PACK QTY	CTN QTY
FRCOOLJUGBL005L	Blue	1	4



QWIK STIKS

FEATURES AND BENEFITS

- ON THE GO USE, portion control sachets
- One Qwik Stik makes 600ml
- 99.5% sugar free
- Contains anti-oxidants
- Low sodium / low calorie



CODE	FLAVOUR	PACK QTY	CTN QTY
SQ0104-MF	Assorted Flavours	50	10
SQ0100-00	Orange	50	10
SQ0101-MB	Mixed Berry	50	10
SQ0103-LD	Lemonade	50	10
SQ0106-GP	Grape	50	10
SQ0107-LL	Lemon Lime	50	10
SQ0109	Cool Citrus	50	10
SQ0110-WM	Watermelon	50	10



FAST PACK

FEATURES AND BENEFITS

- Hygienic single serve, pack is the cup
- Add water to the pack and drink
- Portion control, perfect for mobile workers
- Essential electrolytes, for fast hydration and good health



CODE	FLAVOUR	PACK QTY	CTN QTY
SQ0097	Orange	50	4
SQ0098-TC	Tropical Cooler	50	4
SQ0099-WB	Wild Berry	50	4
SQ0066	Lemon Lime	50	4
SQ0090	Assorted Flavours - packs	10	20



SQWEEZE POPS

FEATURES AND BENEFITS

- Assorted flavours
- Help cool core body temperature fast
- Essential electrolytes, for fast hydration and good health



CODE	FLAVOUR	PACK QTY	CTN QTY
SQ159200201-5AST	Assorted Flavours	10	15



CONCENTRATE 500ML

FEATURES AND BENEFITS

- Assorted flavours - Orange, Wild Berry, Lemon Lime
- One bottle makes 5L
- Essential electrolytes, for fast hydration and good health
- Each mixed case contains 12 bottles



CODE	FLAVOUR	PACK QTY	CTN QTY
SQ0034	Assorted Flavours	1	12



CONCENTRATE 2L

FEATURES AND BENEFITS

- One bottle makes 20L
- Squwincher® 20L cooler will keep fluid cold for up to 12 hours
- Pump spouts for 2L concentrate bottle



CODE	FLAVOUR	PACK QTY	CTN QTY
SQ0028	Lime	6	1
SQ0042	Orange	6	1
SQ0046	Wild Berry	6	1
SQ0047	Tropical	6	1
SQ0050	Grape	6	1
SQ0052	Lemonade	6	1
SQ0051	Assorted Flavours	1	1



ACCESSORIES

FEATURES AND BENEFITS

- Keeps cold Squwincher® close to where the hot work is performed
- Strong rust proof plastic
- Replacement lids and spigots available
- BPA free

CODE	DESCRIPTION	CTN QTY
SQ01	Squwincher Cooler 20L	1
SQ10	Squwincher 20L Cooler Tap	1
SQ011	Replacement Lid	1
SQ0160	Pump Spouts	1





EVAPORATIVE COOLING VEST

FEATURES AND BENEFITS

- Super-absorbent material inside
- Water-repellent liner
- Lightweight, durable and washable
- Soak in cold water 2-5 minutes to activate
- Remains cool for up to 4 hours

CODE	DESCRIPTION	SIZES	CTN QTY
ERECV6665	Ergodyne Chill-its 6665 Cooling Vest	M-3XL	6



EVAPORATIVE COOLING BANDANA

FEATURES AND BENEFITS

- Tie closure headband
- Lightweight, cooling acrylic polymers
- Soak in cold water 2-5 minutes to activate
- Remains cool for up to 4 hours

CODE	DESCRIPTION	COLOURS	CTN QTY
12301	Ergodyne Chill-its 6700 Evaporative Cooking Bandana	Lime	24
12307	Ergodyne Chill-its 6700 Evaporative Cooking Bandana	Solid Blue	24



EVAPORATIVE COOLING HARD HAT PAD

FEATURES AND BENEFITS

- Lightweight, cooling acrylic polymers
- Soak in cold water 2-5 minutes to activate
- Hook & loop closures
- Conveniently attaches to hard hat suspension
- Remains cool for up to 4 hours

CODE	DESCRIPTION	SIZES	CTN QTY
12337	Ergodyne Chill-its 6715 Evaporative Cooling Hard Hat Pad	Blue	24



EVAPORATIVE COOLING TOWEL

FEATURES AND BENEFITS

- Advanced PVA cooling technology, 2mm thick
- Super-evaporative feels cooler than ambient air
- Activates fast and easy - run underwater
- Size: 33cm x 75cm
- Rinse before use, machine washable

CODE	DESCRIPTION	SIZES	CTN QTY
ERECT6602	Ergodyne Chill-its 6602 Evaporative Cooling Towel	Blue	6

FOR SAFE
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LIVES**



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